



Monday

Tuesday

Wednesday

Thursday

Friday

Week one

Choose a main meal.. on the side
 Wrap with a choice
 of fillings; hummus,
 ham, or tuna and
 salad For dessert

Choose a main meal.. on the side
 Chicken Curry Rice and Naan
 Quorn Curry (V) For dessert
 Fruit Slices

Choose a main meal.. on the side
 Tuna Pasta Bake Salad
 (V) For dessert

Choose a main meal.. on the side
 Sausage Mashed Potato
 Glamorgan Sausage (V) For dessert

Choose a main meal.. on the side
 Toasted Bagel (V) For dessert

W/C: 13 Apr, 4 May, 1 Jun, 22 Jun, 13 Jul

Week two

Choose a main meal.. on the side
 Sausage Rolls Baked Beans
 Veggie Pasty (V) For dessert

Choose a main meal.. on the side
 Tomato & Basil Garlic Bread
 Pasta Bake (V) For dessert

Choose a main meal.. on the side
 Jacket Potato Baked Beans, Tuna,
 Cheese For dessert

Choose a main meal.. on the side
 Cheese & Tomato Salad
 Pizza For dessert

Choose a main meal.. on the side
 Toasted Crumpet For dessert

W/C: 20 Apr, 11 May, 8 Jun, 29 Jun, 20 Jul

Week three

Choose a main meal.. on the side
 Cheese Burger Salad
 Quorn Cheese Burger (V) For dessert

Choose a main meal.. on the side
 Mini Minced Beef Taco Salad
 Quorn Taco (V) For dessert

Choose a main meal.. on the side
 Hot Dog Spaghetti Hoops
 Quorn Dog (V) For dessert

Choose a main meal.. on the side
 Meatballs in Rice
 Tomato Sauce Quorn Meatballs in
 Tomato Sauce (V) For dessert

Choose a main meal.. on the side
 Sandwich with a
 choice of fillings;
 Ham or Cheese For dessert

W/C: 27 Apr, 18 May, 15 Jun, 6 Jul